

What happens if I give too much or too little?

Camel milk is not a drug nor should it be prescribed as such. Since, it is such a strong super food, parents often see the most benefits with children that stay within the recommended range per age group to avoid signs of detoxification within the first few days. Signs that a detox has begun may include symptoms such as: an earache, sore throat, headache, or a low-grade fever. If the child seems to be experiencing these symptoms, reduce the amount of milk that is being consumed by the child until they are able to tolerate a higher amount again.

If camel milk is heated or used in recipes will it maintain its benefits?

Boiling the milk should be avoided; however, many parents have tried baking the milk into pancakes and other sweets and have still seen great benefits. Although we do recommend keeping the milk cool for recipes like smoothies and ice cream, many of our parents like to get creative and are encouraged to do so!

Should people with casein sensitivity use camel milk?

The structure of camel milk is different from that of cows milk and has been found to be tolerable amongst those with allergies or intolerance to casein.

Should people with cerebral folate deficiency or metabolic disorders use camel milk?

Before starting any nutritional supplement, consult with your doctor first and get the appropriate lab testing done. There have been studies that have showed that it may be problematic for children with Cerebral Folate Deficiency and Methylenetetrahydrofolate Reductase Deficiency, (MTHFR) but that has also been debunked. Many of our children who drink camel milk with Cerebral Folate Deficiency haven't had any reactions but we encourage all our customers to speak with their physicians first and get the appropriate lab testing done before consuming camel milk if they have concerns.

What are potential signs my child may be reacting to camel milk?

A detoxification period which may result in initially excessive bowel movements, possible rashes, minor colds or headaches may indicate that the camel milk is taking effect. Experiencing any one of these symptoms could be a sign that the detox process has begun.



FAQ'S

What does it taste like? *It taste just like milk!*

What are the short/long term benefits I can expect to see using camel milk?

Most common benefits are speech progression, better eye contact, improvement in attention and focus, less anxiety, better sleep and overall motor skills improvement.

For testimonials view our customer reviews at desertfarms.com

What is the history of the use of camel milk?

It has a historical background as it is a product that has been used in the middle east and north africa for its healing and medicinal properties for centuries, it is known as the "gold elixir." Early US demand for camel milk came from mothers of children with autism. Soon after, Americans began using camel milk as a holistic treatment for diabetes, crohn's disease, colitis, and other auto-immune disorders.

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