

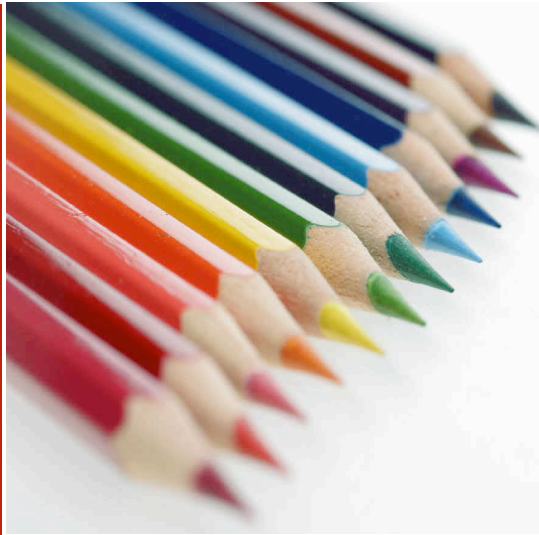
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## Back To School

For many of us, our kids have started another school year this past week.

If you're anything like me, this time of year is filled with excitement, anticipation, stress, anxiety and the daunting task of sharpening 4 dozen pencils!

(Btw, I was finally smart enough to buy an electric sharpener this year)



Here are a few Back to School Blogs that you might find helpful this school year.

[Dear Parents Of Children In Our Son's Class](#)

[Time To School The School Nurses](#)

[Prelude To A New Year](#)

[Big Day At Saints](#)

If you learned anything from [Mountain Mama's Summer Survival Strategy](#), then you flew through the summer with flying colors.

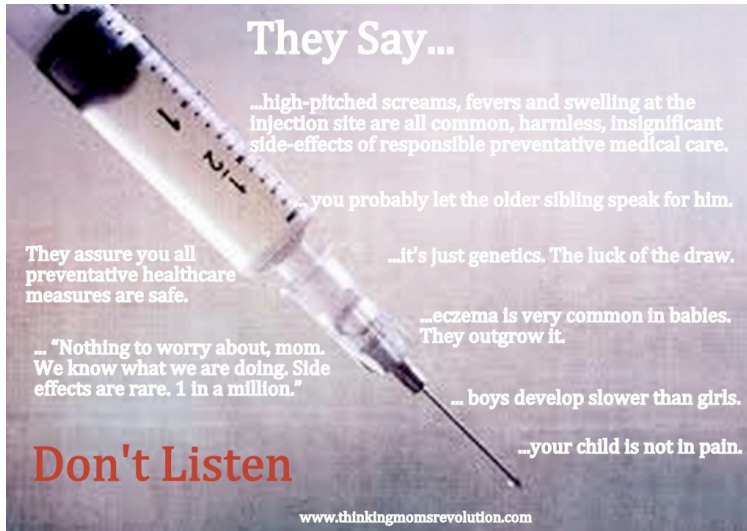
## Summer Survivor?

Trying to keep the kids occupied day in and day out over the summer can be challenging.

I'm guessing you're a little bit exhausted now. Now is the time to recharge our batteries and focus on a little nugget of time to ourselves.

# Vaccines? Be Informed

Check out the blogs on vaccine information →



Here are some really great blogs about the dangers of vaccination and what you can do to educate yourself and your loved ones (and even your pediatrician!) about the importance of being fully informed about the negative consequences of vaccination, or at least start a conversation about it. You'll be glad you did.



I know this time of year can be distressing for most of us due to the enormous media onslaught of pro-vaccination advertising. It seems everywhere you turn, there's a television commercial, radio ad, or in-store promotion about getting your flu shot, adult pertussis and now shingles vaccines at your local pharmacies.

[NJ-The Dirty State,](#)

[Unavoidably Unsafe,](#)

[Blaze's Not So Excellent CDC Adventure Pt.1 and Pt. 2,](#)

[Sebelius Unscripted,](#)

[I Know What I Saw,](#)

[School Shots,](#)

[Blind,](#)

[They Say](#)

[Listen to The Rev and Dave Goes on Linderman Unleashed](#)

[Doctors, Politicians, and the Thinking Moms.](#)

The information overload can be a lot and trying to decipher the good from the bad is sometimes difficult.

# Taking Care of Yourself

Check out the blogs →

I know with everything we have to do on a daily basis, we may forget to take the time for ourselves, so we found some fantastic blogs that can give us that push to take care of ourselves a little more.

## Perspective

Autism Does Not Own Me

Go-Go-Go!

Friend or Foe?

Mama Mac's Top Twenty Healing Ideas

Not By Chance

A Diverse Village

The People You Meet

Not Otherwise Specified

Sainthood or Motherhood? One in the Same

A Picture of Recovery

Burnout

PTSD and Autism

My Happiness Project

Lost: One Identity, If Found Please Call....

Emotional Freedom Techniques

Heal Yourself, Heal Your Child

Don't Forget Your Oxygen

Malaysian Bone Broth recipe.

## For A Dose of Inspiration...

← Check out the blogs

Last but not least, we have some wonderful, insightful and inspirational blogs that you can turn to if you need a little encouragement. All Thinking Moms are in this together, no matter what the disability or label, no matter the hurdle. If we want to effect real change, we have to be willing to throw down and get the job done! These blogs will inspire you to do just that!

Join us daily as we share with you our stories. From autism to recovery, and whatever happens in between. Into a future full of hope.

